

Parm. Chicken Burger -

Serves 4

Makes 4 - 1/2Lb Chicken Burgers

Ingredients:

- 2 Lbs Ground chicken
- 1 Cup mozzarella cheese
- 1/2 Cup your favorite spaghetti sauce
- 1/2 Cup bread crumbs Italian

Directions:

- Mix meat, bread crumbs together in a bowl
- Place 5 ounce of meat mixture in Stufz and shape.
- Fill cavity with cheese.
- Pour 1 TBSP of sauce over cheese.
- Seal and remove burger.
- Cook to done on grill / oven or stove top.
- Add bun or pour more sauce over top when done.