

# **STUFZ** **ULTIMATE** **Stuffed Burger System**

## **Broccoli Chicken Burger –**

Serves 4

Makes 4 - 1/2Lb Chicken Burgers

Ingredients:

- 2 Lbs Ground chicken
- 1 Cup chopped broccoli
- 1 Cup shredded cheddar cheese
- 1/2 Cup bread crumbs Italian

Directions:

- Mix meat, bread crumbs together in a bowl
- Steam or boil broccoli
- Place 5 ounce of meat mixture in Stufz and shape.
- Add broccoli to the cavity amount to your liking
- Add cheese to cavity amount to your liking.
- Seal and remove burger.
- Cook to done on grill / oven or stove top.